

Heat and Eat

Do you want a healthy nutritious meal but just don't have the time, choose from our heat and eat menu, to solve all your problems. We make everything from fresh in our kitchen and freeze all that goodness so you can feed the family quick and easily.

Beef lasagne

Gluten free beef lasagne

Vegetarian lasagne

Chili con carne

Spanish chicken

Thai beef Massaman

Yellow chicken curry

Basil and sweet chili chicken

Sundried tomato and basil tart

Pumpkin and sweet potato soup

Salmon and feta tart

Spanish tortilla

Leek and potato soup

Lamb ragu

Thai green curry

Satay chicken

Swedish meatballs

Moroccan meatballs

Party pack (just put in the oven)

Sausage rolls, empanadas, meat pies, mini tarts, cheese and ham scrolls